



Ethical Considerations in AI-assisted Decision Making for End-of-Life Care in Healthcare

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Abstract: This research delves into the ethical implications of deploying artificial intelligence (AI) in decision-making processes related to end-of-life care within healthcare settings. As AI continues to advance, its integration in healthcare introduces both opportunities and challenges, particularly in navigating the sensitive realm of end-of-life care. This paper explores this intersection, seeking to contribute valuable insights to the ongoing discourse on responsible AI implementation in the healthcare sector. Central to ethical considerations in end-of-life care is the principle of autonomy, emphasizing the importance of respecting patients' ability to make informed decisions about their care preferences. The paper argues for the need to design AI systems that augment rather than diminish patient autonomy, ensuring that individuals facing end-of-life decisions remain active participants in the process. Furthermore, the principles of beneficence and nonmaleficence are highlighted, emphasizing the imperative for AI systems to enhance patient well-being while minimizing the risk of harm, both physical and psychological. Justice in the distribution of healthcare resources, including AI technologies, is crucial, and the paper emphasizes the need to address potential disparities in access. Transparent and explainable AI systems are advocated to foster trust among patients, families, and healthcare providers, enabling



a better understanding of the rationale behind AI-driven recommendations. The concept of accountability is explored, emphasizing the continued responsibility of healthcare professionals in overseeing and validating AI recommendations to maintain ethical standards. Cultural sensitivity is identified as a key consideration for recognizing and respecting diverse perspectives on end-of-life care. This paper underscores the significance of designing AI systems that accommodate cultural nuances and avoid imposing values that may conflict with patients' beliefs and preferences. Additionally, the emotional and psychological impacts of AI-assisted decision-making are addressed, emphasizing the importance of maintaining human touch in end-of-life care and acknowledging the roles of empathy, compassion, and human connection. This paper provides a comprehensive examination of the ethical dimensions surrounding AI-assisted decision-making in end-of-life care. By addressing autonomy, beneficence, justice, transparency, accountability, cultural sensitivity, and emotional impact, this study offers a framework for responsible AI integration that aligns with ethical principles in healthcare, ultimately contributing to the enhancement of end-of-life care practices.

Keywords: Ethical considerations, AI-assisted decision-making, End-of-life care, Healthcare ethics, Patient autonomy, Transparent AI, Cultural sensitivity, Emotional impact in healthcare.

I. Introduction: The integration of artificial intelligence (AI) into healthcare has heralded a transformative era, revolutionizing the way medical decisions are made and patient care is delivered. As technological advancements continue to unfold, the incorporation of AI in the intricate and deeply sensitive domain of end-of-life care has emerged as both an opportunity and a challenge [1]. This paper endeavors to explore the profound ethical considerations inherent in the application of AI-assisted decision-making for end-of-life care in healthcare settings. The advent of AI technologies in healthcare has witnessed a paradigm shift, offering unprecedented possibilities for enhanced diagnostics, treatment planning, and personalized care. These innovations have been particularly pronounced in end-of-life care, where complex medical decisions often intertwine with the deep personal and emotional dimensions of patients, families, and healthcare providers [2]. The ethical implications of deploying AI in this context are intricate and require careful scrutiny to ensure the preservation of fundamental principles that underpin ethical medical practice. The ethical cornerstone of patient autonomy takes the center stage when considering AI's role in end-of-life decision-making. Respect for patients' ability to make informed choices about their healthcare is paramount, especially in situations where the ramifications of decisions extend beyond the individual to impact family members and loved ones [3]. This paper delves into how AI systems can be ethically designed to empower and support patient autonomy, fostering a collaborative decision-making process that respects the diverse values and preferences of individuals facing end-of-life scenarios. In the pursuit of ethical healthcare, the principles of



beneficence and nonmaleficence guide practitioners to prioritize patient well-being while minimizing harm. The application of AI in end-of-life care must align with these principles, enhancing the quality of care provided to patients and their families while mitigating the potential risks associated with AI-driven decision-making [4]. This exploration will shed light on the delicate balance required to responsibly integrate AI technologies, ensuring that they contribute positively to patient outcomes without compromising the compassionate and empathetic aspects of end-of-life care [5,6].

Justice, as an ethical principle, underscores the equitable distribution of healthcare resources. In the context of AI-assisted decision-making for end-of-life care, it is imperative to address concerns related to access, affordability, and potential disparities [7]. This paper will examine how the implementation of AI technologies can adhere to the principle of justice, ensuring that these advancements benefit all patients, regardless of socioeconomic factors. As the ethical landscape of AI-assisted decision-making in end-of-life care unfolds, considerations of transparency, accountability, cultural sensitivity, and the emotional and psychological impact on patients and their families become integral to fostering trust and ensuring responsible implementation. This paper will navigate through these ethical considerations, providing a comprehensive examination of the challenges and opportunities that lie at the intersection of AI and end-of-life care in healthcare settings. Ultimately, the goal is to contribute to the ongoing dialog on how AI can be harnessed ethically to enhance the quality of care provided during life's most vulnerable moments.

II. Literature Review: The intersection of artificial intelligence (AI) and healthcare ethics, particularly in the context of end-of-life care, has been the subject of extensive scholarly inquiry. The literature provides valuable insights into the ethical considerations associated with the integration of AI-assisted decision-making in this delicate and emotionally charged domain. Central to this discourse is the principle of patient autonomy, a foundational concept in healthcare ethics. Scholars such as Beauchamp and Childress [1] assert that respect for autonomy entails acknowledging the patient's right to make informed decisions about their medical treatment [8]. In the realm of end-of-life care, where decisions often have profound consequences, the literature emphasizes the importance of AI systems designed to complement rather than replace the autonomy of individuals facing complex choices about their care preferences [9].

The principles of beneficence and nonmaleficence, rooted in the ethical obligation to promote well-being while avoiding harm, are integral to AI-assisted decision-making for end-of-life care. A study by van Gurp et al. [10] emphasized the potential benefits of AI in enhancing the quality of care provided during the end-of-life journey. However, the literature also raises concerns about the potential risks and unintended consequences of relying solely on AI recommendations, underscoring the need for a nuanced approach to balance these ethical imperatives [11,12].

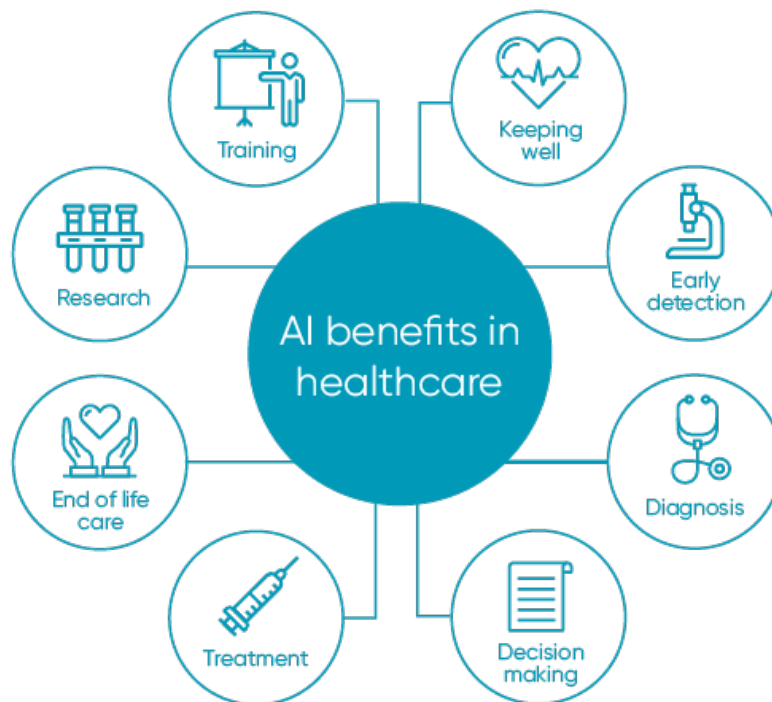


Figure 1. Contribution of AI in Healthcare

Justice, as a guiding principle, comes to the forefront when examining the equitable distribution of AI technologies in healthcare. The literature points to the need for ensuring accessibility and fairness in the deployment of AI-assisted decision-making tools for end-of-life care [13–15]. Issues of healthcare disparities, socioeconomic factors, and the digital divide are addressed in studies by Santos et al. [16] and Kim et al. [17], highlighting the ethical imperative of designing AI systems that do not exacerbate existing inequalities. Transparency and explainability emerge as critical factors in the ethical deployment of AI technologies in end-of-life care. Scholars argue that for AI systems to be ethically sound, they must provide clear explanations for their recommendations, allowing patients, families, and healthcare providers to comprehend the decision-making process [18,19] This transparency contributes to building trust in AI technologies and aligns with the ethical principle of respect for persons.

The literature also underscores the importance of accountability and responsibility in AI-assisted decision-making. Healthcare professionals are positioned as the ultimate stewards of patient care, necessitating their ongoing oversight and validation of AI recommendations to ensure that ethical standards are upheld [20]. This collaborative approach between AI systems and human caregivers aligns with the ethical imperative of maintaining human agency and responsibility in end-of-life



decision-making. Cultural sensitivity has become an additional layer of ethical consideration in the literature, emphasizing the need to recognize and respect diverse cultural perspectives on death and dying. A study by Blackhall et al. [21] explored how cultural nuances influence end-of-life decision-making, highlighting the importance of adapting AI systems to accommodate varying cultural beliefs and practices.

The emotional and psychological impact of AI-assisted decision-making in end-of-life care has emerged as a nuanced area of exploration in the literature. While AI has the potential to alleviate some emotional burdens, it is crucial to consider potential challenges, such as the impact on trust, empathy, and the human connection between patients, families, and healthcare providers [3,22,23]. The literature review highlights a multifaceted landscape of ethical considerations in the integration of AI-assisted decision-making for end-of-life care. Patient autonomy, beneficence, nonmaleficence, justice, transparency, accountability, cultural sensitivity, and emotional impact collectively shape the ethical framework within which AI technologies must operate to ensure responsible and compassionate care during life's final stages. This comprehensive understanding of the existing scholarship informs the subsequent discussion and analysis of ethical considerations in the application of AI to end-of-life care in healthcare settings.

III. Ethical Principles in End-of-Life Care: End-of-life care is a profound and sensitive aspect of healthcare that demands careful and compassionate consideration of ethical principles to guide decision-making. As individuals face the inevitable journey toward the end of their lives, healthcare professionals are tasked with navigating complex moral terrain. A robust ethical framework becomes paramount for ensuring that decisions align with the values and wishes of the patient, promoting dignity, respect, and a holistic approach to care [24,25].

III. a Autonomy: The principle of autonomy takes center stage in end-of-life care. It emphasizes respect for an individual's right to make decisions about her own healthcare, even when confronting terminal illnesses. In this context, autonomy extends beyond informed consent to include the broader concept of respecting the patient's values, preferences, and cultural beliefs [26]. In end-of-life scenarios, where decisions may involve treatment choices, withdrawal of life-sustaining measures, or advance care planning, healthcare providers must empower patients to actively participate in decisions that align with their deep personal wishes [1,27,28].

III. b Beneficence: The ethical principle of beneficence underscores the obligation to promote well-being and maximize positive outcomes for patients. In end-of-life care, beneficence translates into a commitment to providing comfort, alleviating suffering, and enhancing quality of life during the final stages. This principles guides healthcare professionals in their efforts to offer palliative



care, pain management, and emotional support, ensuring that the patient's overall well-being remains a central focus [2].

III. c Nonmaleficence: The principle of nonmaleficence, often stated as "*do no harm*," is crucial in end-of-life care. While healthcare providers strive to maximize benefits through beneficence, they must also carefully weigh potential harms and avoid interventions that may cause unnecessary suffering [29]. Decisions regarding the withholding or withdrawal of treatment must be guided by a commitment to preventing harm and ensuring that medical interventions align with the patient's goals and values.

III. d Justice: The principle of justice is pertinent to end-of-life care, ensuring the fair and equitable distribution of healthcare resources. This involves addressing issues of access to palliative care services, pain management, and supportive interventions. Healthcare disparities, socioeconomic factors, and cultural differences must be taken into account to avoid injustices in the provision of end-of-life care. Justice also extends to the fair allocation of time and attention from healthcare professionals, recognizing the importance of personalized and compassionate care for all individuals facing the end of life [15,30,31].



Figure 2. Ethical considerations



III. e Truthfulness and Honesty: The ethical principle of truthfulness and honesty is crucial in fostering transparent communication between healthcare providers, patients, and their families [32]. Open and honest discussions about the prognosis, treatment options, and potential outcomes are essential in end-of-life care. This principle acknowledges the patient's right to be fully informed and actively involved in decision-making, contributing to the preservation of trust and the integrity of the patient-provider relationship [26].

III. f Dignity and Respect: Preserving the dignity of individuals at the end of life is a foundational ethical principle. This involves recognizing the inherent worth of each person and treating them with the utmost respect and sensitivity. Healthcare providers must be attuned to the physical, emotional, and spiritual dimensions of the patient's experience, ensuring that care is delivered in a manner that upholds their dignity and honors their unique identity [29]. Ethical principles serve as a guiding compass in the challenging terrain of end-of-life care. Autonomy, beneficence, nonmaleficence, justice, truthfulness and honesty, and dignity and respect collectively form the ethical framework that underpins compassionate and patient-centered care during life's final stages. Navigating the complexities of end-of-life decision-making requires a thoughtful integration of these principles, ensuring that the care provided is not only medically sound but also ethically robust and reflective of the values and wishes of the individuals facing the end of their lives [23].

IV. Development and Implementation of AI Technologies for End-of-Life Healthcare: - The principles guiding end-of-life care form a crucial foundation for the development and implementation of artificial intelligence (AI) technologies in this sensitive healthcare domain [33]. By aligning AI technologies with ethical principles, there is an opportunity to enhance the quality of end-of-life care, promote patient autonomy, and support healthcare providers in delivering compassionate and personalized services. The following principles should inform the development and implementation of AI technologies for end-of-life care:

IV. a Respect for Autonomy

Development: AI technologies should be designed to complement and respect patient autonomy in end-of-life decision-making [24]. This involves creating AI systems that provide information, facilitate discussions, and empower patients to express their preferences regarding care and treatment options.

Implementation: AI applications should be integrated into healthcare settings in a way that supports shared decision-making between patients, families, and healthcare providers. Tools that assist in the creation and understanding of advance care plans, respecting individual values and choices, can empower patients to actively participate in shaping their end-of-life care.



IV. b Enhanced Beneficence

Development: AI technologies should aim to maximize benefits by focusing on improving the overall well-being of patients in their final stages of life. This includes the development of AI-driven interventions that optimize pain management, symptom control, and palliative care to enhance quality of life [13,19].

Implementation: AI applications should be implemented to augment the efforts of healthcare professionals to provide timely and personalized interventions. These interventions might include adaptive pain management protocols, real-time monitoring of patient symptoms, and predictive analytics to anticipate and address emerging care needs.

IV. c Mitigating Non-Maleficence

Development: AI technologies must be developed with a keen awareness of the potential risks and harms associated with end-of-life care decisions. The algorithms should be carefully calibrated to avoid unnecessary interventions that may cause distress or discomfort to patients [23,34].

Implementation: Continuous monitoring and assessment of AI-driven recommendations by healthcare professionals are essential to ensure that the technology aligns with the principle of nonmaleficence. Human oversight can help intervene when AI recommendations risk unintended harm to patients.

IV. d. Promotion Justice

Development: AI technologies should be developed with a commitment to ensuring equitable access to end-of-life care resources and interventions [35–37]. The consideration of socioeconomic factors, cultural diversity, and accessibility should be integral to the design process.

Implementation: During deployment, efforts should be made to address disparities in access to AI-driven end-of-life care tools. Implementation strategies should be sensitive to the needs of diverse populations, fostering inclusivity and justice in the provision of end-of-life care services.

IV. e Transparent Communication (Truthfulness and Honesty)

Development: AI technologies should facilitate transparent communication by providing clear and understandable explanations of decision-making processes [11,12]. This involves developing explainable artificial intelligence (AI) algorithms that can elucidate the rationale behind recommendations.

Implementation: Healthcare providers should be trained to communicate AI-generated insights effectively to patients and their families. Open and honest discussions about the limitations and uncertainties of AI technologies will contribute to maintaining trust and fostering collaborative decision-making.



IV. f Preserving Dignity and Respect

Development: AI technologies should be developed with a deep understanding of the individuality and uniqueness of patients, preserving their dignity [38]. User-centric design should consider the emotional and psychological impact of AI interactions.

Implementation: The implementation of AI in end-of-life care should prioritize preserving the dignity of patients. This involves the use of AI tools that respect cultural differences, incorporate personalized preferences, and maintain a human-centered approach in interactions.



Figure 3. Implementation of AI for End-of Life Care

The development and implementation of AI technologies for end-of-life care should be guided by the ethical principles that underpin compassionate and patient-centered care. By ensuring alignment with these principles, AI has the potential to be a valuable tool for supporting healthcare professionals, empowering patients, and ultimately enhancing the overall experience of individuals during this profound stage of life.

V. How AI technologies contribute to end-of-life decision-making in healthcare: artificial intelligence (AI) systems offer significant support in decision-making for end-of-life care in healthcare settings [39–41]. By leveraging advanced algorithms, machine learning, and data analytics, AI contributes to more informed, timely, and personalized decisions, ultimately improving the quality of care provided to individuals at the end of their lives. There are several ways in which AI systems assist in decision-making for end-of-life care:

Predictive analytics: Identification of High-Risk Patients: AI algorithms can analyze patient data to identify individuals at high risk of deterioration or complications. This enables healthcare providers to proactively intervene and initiate discussions about end-of-life preferences when appropriate [27].



Personalized treatment plans: Tailored Care Interventions: AI can analyze patient records, medical histories, and genetic information to generate personalized treatment plans for end-of-life care. This includes optimizing pain management protocols and symptom control strategies and recommending interventions aligned with individual patient preferences.

Assistance in advance care planning: Facilitating Discussions: AI-powered tools can assist healthcare providers in facilitating conversations around advance care planning [42–44]. These tools help patients and their families explore and document their values, goals, and preferences, ensuring that end-of-life decisions align with the patient's wishes.

Clinical decision support: Guidance for Healthcare Professionals: AI systems provide clinical decision support to healthcare professionals by analyzing vast amounts of medical literature, patient data, and treatment outcomes. This approach assists in making evidence-based decisions about the most appropriate and effective interventions for end-of-life care [10].

Pain management optimization: Real-time Monitoring: AI technologies can monitor patient vital signs and pain levels in real time, allowing immediate adjustments to pain management plans [19]. This dynamic approach ensures that patients receive optimal pain relief, enhancing their comfort during the end-of-life period.

Proactive symptom management: Early Identification of Symptoms: AI algorithms can detect early signs of symptoms or complications associated with the end-of-life phase. By alerting healthcare providers promptly, interventions can be initiated to manage symptoms and improve patients' overall quality of life.

Resource allocation and efficiency: Optimizing Resource Use: AI systems help healthcare organizations optimize resource allocation by predicting patient needs and adjusting staffing levels accordingly. This ensures that adequate support and resources are available to meet the unique requirements of end-of-life care.

Patient and family support: Emotional and Psychological Assistance: AI-powered virtual assistants or chatbots can provide emotional and psychological support to patients and their families. These tools offer information, answer questions, and assist in coping with the emotional challenges associated with end-of-life decision-making [8].

Care coordination: Enhancing Collaboration: AI facilitates seamless communication and information sharing among the healthcare team involved in end-of-life care. This promotes effective care coordination, ensuring that all members of the healthcare team are aligned with the patient's preferences and goals.



Data-driven Insights:

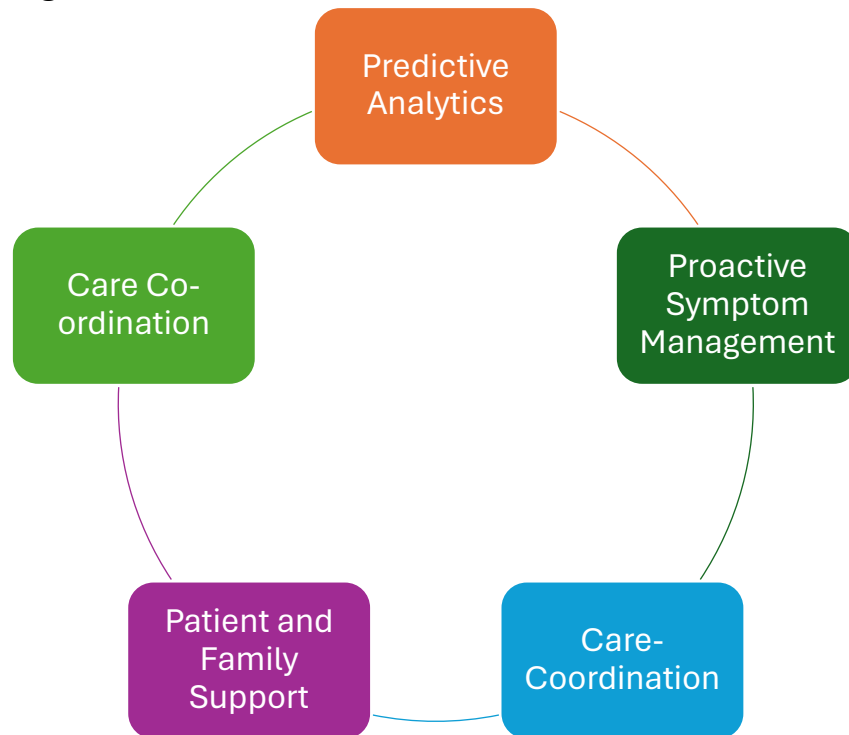


Figure 4 Contribution of AI to Healthcare

AI systems play a pivotal role in supporting decision-making for end-of-life care by leveraging data-driven insights, enhancing personalization, and improving the efficiency and effectiveness of healthcare interventions. These technologies contribute to a more compassionate and patient-centered approach, ensuring that decisions are aligned with the individual's preferences and optimizing the overall experience during this profound stage of life [45,46].

VI. Challenges of AI-based technologies for End-of-Life Decision Making: While AI-based technologies hold great promise for improving end-of-life decision-making, they also face significant challenges that need careful consideration. Addressing these challenges is essential for ensuring the ethical and responsible use of AI in end-of-life care [47]. The following are some key challenges:

Lack of Data Quality and Bias: AI algorithms rely heavily on large datasets for training and decision-making. If these datasets are incomplete, biased, or not representative of diverse



populations, the AI system may produce biased or inaccurate recommendations, potentially leading to suboptimal end-of-life decisions.

Interpretable and Explainable AI: The lack of transparency and interpretability in AI algorithms poses a significant challenge [48]. Understanding how AI arrives at specific recommendations is crucial for gaining the trust of healthcare professionals, patients, and their families. The complexity of some AI models can make it difficult to explain the rationale behind decisions.

Privacy Concerns: Handling sensitive patient data, especially in end-of-life care where discussions involve personal beliefs and preferences, raises significant privacy concerns. Ensuring that AI systems adhere to strict privacy standards and comply with healthcare regulations is crucial for maintaining patient confidentiality and trust.

Legal and Ethical Issues: The legal and ethical implications of AI-based decision-making in end-of-life care are complex. Determining liability, responsibility, and accountability in cases where AI systems are involved in decision-making is challenging. Existing laws and ethical frameworks may need to be adapted to accommodate AI technologies in healthcare [5,19].



Figure 5. Challenges of using AI for end-of-life decisions



Cultural sensitivity: AI algorithms may not fully account for cultural nuances in end-of-life decision-making. Patient values, beliefs, and cultural backgrounds are integral to these decisions, and AI systems may struggle to incorporate this diversity effectively [18]. Failing to consider cultural differences may lead to recommendations that are not aligned with individual preferences.

Emotional and Psychological Impact: The emotional and psychological impact of AI-based decision-making on patients and their families is a concern. AI systems lack the empathetic qualities of human caregivers, and relying solely on technology may lead to a perceived lack of human connection, potentially impacting the emotional well-being of those involved.

Resistance from Healthcare Professionals: Healthcare professionals may face resistance or reluctance to adopt AI technologies in end-of-life decision-making [13]. Skepticism regarding the reliability and ethical implications of AI systems may hinder their integration into established healthcare practices.

Overreliance on Technology: There is a risk of overreliance on AI technologies, leading to the diminishing role of human judgment and clinical expertise. Healthcare professionals must maintain a balance by using AI as a tool to enhance decision-making rather than by replacing the human touch and intuition that are crucial in end-of-life care.

Unintended Consequences and Algorithmic Bias: AI algorithms may inadvertently perpetuate or exacerbate existing healthcare disparities and biases. If the training data used to develop these algorithms reflect historical biases, the AI system may inadvertently contribute to inequitable end-of-life care recommendations.

Patient Trust and Perception: Building and maintaining trust between patients and healthcare providers is critical, and the introduction of AI technologies may raise concerns or anxieties among patients. Ensuring that patients understand the role of AI, its limitations, and the ongoing involvement of human caregivers is essential for fostering trust.

Integration into Clinical workflows: Seamlessly integrating artificial intelligence (AI) systems into clinical workflows poses logistical challenges. Ensuring that AI technologies align with existing practices and do not disrupt the continuity of care is crucial for successful adoption in end-of-life decision-making.

While AI-based technologies offer tremendous potential in enhancing end-of-life decision-making, careful attention must be given to these challenges. A holistic approach that addresses technical, ethical, legal, and cultural considerations is necessary to ensure that AI contributes positively to end-of-life care, aligning with the principles of patient-centered, compassionate, and ethical healthcare practices.



VII. Future of Ethical Considerations in AI-assisted Decision-making for End-of-Life Care in Healthcare: In the future, ethical considerations in AI-assisted decision-making for end-of-life care are poised to undergo dynamic evolution shaped by technological advancements, societal expectations, and an increasingly nuanced understanding of compassionate healthcare. One key aspect lies in the development of more explainable AI models, addressing the demand for transparency in decision-making processes. As AI becomes more sophisticated, ensuring that the rationale behind recommendations is understandable to both healthcare professionals and patients will be crucial for building and maintaining trust. The future also holds a shift toward collaborative decision-making, emphasizing the harmonious interplay between AI systems and human caregivers. Shared decision-making models empower individuals, acknowledging the unique insights brought about by both technology and human intuition in navigating complex end-of-life choices [28,43,45].

Cultural adaptability is another prospective development, with AI systems designed to be sensitive to diverse cultural perspectives on death and dying. Efforts will be made to ensure that these technologies respect and integrate the values and beliefs of individuals from various cultural backgrounds. Additionally, legal and ethical frameworks are expected to evolve to address issues of liability, accountability, and the responsible deployment of AI technologies. Continuous monitoring of algorithmic bias, emphasis on emotional and psychological support, and global collaboration on ethical standards are anticipated trends. Moreover, as AI technologies progress, there will be a growing need for ongoing research, education, and public engagement on the ethical implications of their integration into end-of-life care. This proactive and adaptive approach to ethical considerations will be instrumental in fostering a future where AI contributes positively to end-of-life care, aligning with principles of patient-centered, compassionate, and ethically robust healthcare practices.

VIII. Conclusion: In conclusion, the integration of artificial intelligence (AI) into decision-making processes for end-of-life care in healthcare brings forth a complex landscape of ethical considerations. As we navigate this juncture of technological innovation and compassionate healthcare, it is imperative to emphasize a commitment to upholding fundamental ethical principles. Patient autonomy, the cornerstone of ethical medical practice, must remain central in the design and implementation of AI technologies. The future calls for transparent and explainable AI models that empower individuals with a clear understanding of decision-making processes, fostering trust between patients, their families, and healthcare professionals. Collaborative decision-making, where AI augments rather than replaces human judgment, ensures a harmonious balance that respects both the capabilities of technology and the intuition of healthcare providers. Cultural sensitivity emerges as a vital consideration, acknowledging the diversity of values and beliefs surrounding end-of-life care. The evolution of legal and ethical frameworks will be



instrumental in addressing liability and accountability and ensuring the responsible deployment of AI technologies. Continuous monitoring of algorithmic bias, a focus on emotional and psychological support, and global collaboration on ethical standards will be pivotal for shaping an ethically robust future. Ongoing research, education, and public engagement will be essential for navigating the evolving ethical landscape of AI-assisted decision-making in end-of-life care. Ultimately, the synergy between technology and humanity should be guided by a profound commitment to compassionate, patient-centered care, where ethical considerations serve as a guiding beacon in the uncharted territory of life's final moments.

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